

# Free Medical Clinic

of Northern Shenandoah Valley, Inc.

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2010 Annual Report

## Where do people turn to when they face a devastating disease and have no way to access medical treatment?

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### Eligibility

- Reside in Winchester, Frederick County or Clarke County
- Have no Health Insurance
- Meet Income Requirements based on the Federal Poverty Level

### Clinic Hours

9 AM - 5 PM  
Monday through Friday  
and Thursday Evenings

### Eligibility Screening

1:30 PM - 3 PM  
Mondays and Wednesdays  
5:30 PM - 7 PM  
Thursdays

### 2010-2011 Board of Directors

The Rev. Dr. Richard Reifsnyder  
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*Vice Chair*

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Terry Sinclair, MD  
*Medical Director*

Russell Fowler, Esq.

Fabiola Hutchins

Sean OMara, MD, JD

Elizabeth Pendleton

Cynthia Rawlinson

Diane Sinclair

Richard Taliaferro, DDS

Kathy Tagnesi, RN, BSN, MA, NEA-BC

### Free Medical Clinic Staff

Vicki L. McClelland  
*Executive Director*

John Archibald, RPh

Susan Aston

Rebecca Bowers

Debra Bringhurst

Kim Carter

Amy DuBrueler

Donna Gauthier

Catherine Glynn

Sallie Grundman, CFNP

Janet Hughes, RN

Wayne Jones

Theresa Kovach, RN

Sandra Miramontes

Martha Morrow, PhD, CFNP

Ruth Peterson, RN

Melissa Ritter

David Russell

Mary Sturm, RN

Brian Testerman

Sarah Witt

## **In-House Services**

### **Acute Clinic**

Held Thursday evenings and driven by volunteers, patients are seen for new patient visits and acute care

### **Daytime Clinic**

Monday through Thursday two part-time nurse practitioners provide primary and chronic disease care, supported by part-time staff and volunteer RNs

### **Diabetes Management Clinic**

Diabetes patients are treated through a collaborative partnership between Valley Health Diabetes Management Program, Clinic nurses, and area medical specialists

### **Gynecology and Women's Health Clinic**

On select Thursdays and Fridays, women access annual screenings and medical care from volunteer providers

### **Orthopedic Clinic**

Assessment and specialized treatment are available through the efforts of a volunteer orthopedist on select Mondays

### **Behavioral Health Clinic**

Limited services provided solely by volunteer professionals during this monthly Tuesday evening clinic

### **Medication Assistance**

Prescriptions are acquired through pharmaceutical companies' prescription assistance programs and dispensed through the Clinic's state licensed pharmacy



*Sallie Grundman, NP with a Shenandoah University nursing student*

## **Services in the Community**

### **Referrals to Specialists**

Specialty medical care offered through partnerships with more than 60 local medical practices

### **Referrals for Lab Work and Diagnostic Testing**

Provided by Valley Health and community partners, and evaluated by physician specialists

### **Dental Services**

Adult acute dental care by volunteer dentists at the Thursday evening Acute Clinic. Children's and Adult dentistry through the Dental Clinic of Northern Shenandoah Valley, Inc.



*John Archibald, RPh, Pharmacist-in-Charge*

**9,046** Total Patient Visits & Rx Pick-up

**3,055** Daytime Clinic Patient Visits

**1,063** Unduplicated Patients Served

**521** New Patient Visits

**\$3.6** Million Worth (Retail Value) of Prescriptions Dispensed

## 2010 Highlights

### Pharmacy Expansion

The Clinic moved and expanded its pharmacy space to provide an additional 800 ft<sup>2</sup> to accommodate the filling counter space needed and required by the Virginia State Board of Pharmacy regulations for storage of medications. Prior to the expansion a majority of the pharmacy inventory was stored in a closet, ventilated by a single-window air conditioning unit. Regulations require the medication inventory be stored in a room with controlled temperature. The move and expansion was made possible with the generous support of donated cabinetry and shelving from American Woodmark.

Patient charts and appointment check-in were moved to former pharmacy space on the 2nd floor. Patient records are now more conveniently located in closer proximity to the medical treatment rooms. Previously charts and check-in were on the 1st floor.

### WATTS Medical Referral Program

The Clinic treated 20 clients referred by the WATTS (Winchester Area Temporary Thermal Shelter) mission to help the homeless in our community. The Emergency Room referred one WATTS client after he was treated for a heart attack and needed follow-up care and medication. Other patients seen at the Clinic had a variety of chronic and acute care needs – 4 patients with tooth pain, one patient with chest pain, one needed heart medication, 5 patients had been diagnosed with hypertension (high blood pressure) and needed medications. If not for the generous support of our donors these patients would have no place to go.

## VAFC Accreditation Achieved

The Free Medical Clinic became the 16th clinic accredited by the Virginia Association of Free Clinics (VAFC). A VAFC team conducted a rigorous review of financial, management, governance, human resource and volunteer policies and procedures; interviewed staff, Board and volunteers; and inspected the Clinic facility, in an effort to ensure quality and accountability in free clinics across the state.

## Wise Woman Pilot Program Site

The Free Medical Clinic served as a site for the new Virginia Wise Woman pilot, a proposed expanded component of the Every Woman's Life breast & cervical cancer early detection program. Wise Woman provides low-income women 40-64 years old with knowledge, skills and opportunities to improve diet, physical activity, and other lifestyle behaviors to prevent, delay or control cardiovascular and other chronic diseases. Terri Kovach, a Clinic volunteer RN was contracted one-day a month to be trained and test the program. In FY2010, the Free Medical Clinic held 10 clinics to screen and educate 30 women in the Wise Woman Program.

## VAFC Executive Director Conference Host

In April, the Free Medical Clinic hosted the VAFC's annual Executive Directors Conference in Winchester for leaders of the 58 member clinics. Directors from throughout Virginia addressed the impact of the Health Care Reform Law on free clinics and needs of the uninsured.

*Jenny Longerbeam, CFNP*

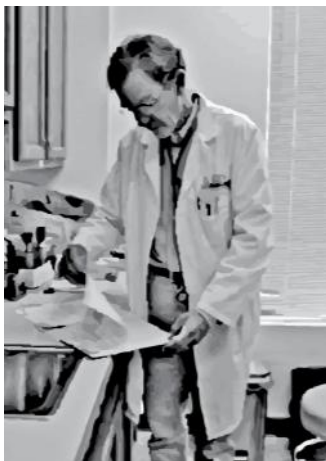
“We are so pleased to have earned this health care seal of approval! Patients can be assured they are receiving top-notch care at the Free Medical Clinic because we have a commitment to excellence.”

– Vicki McClelland, Executive Director  
on VAFC Accreditation



## Providers

Jack Armstrong, MD  
Cyril Barch, MD  
William Bender, MD  
Miriam Birmiel, CFNP  
Emad M. Botros, MD  
William Brink, MD  
Erin Buettin, DO  
E. Robert Caldwell, III, MD  
John P. Chesson, MD  
Chad L. Dansie, MD  
Cee Ann Davis, MD  
Neal Gaither, MD FACC, FSCAI  
Mark Galbraith, MD



*H. Nelson Gustin, III, MD  
Acute Clinic Volunteer*

T. Avery Gibbs, MD  
H. Nelson Gustin, III, MD  
Mary Hagerty, MD  
Drew Hamer, PA  
J. Cullen Hardy, MD, FACC  
Jeffrey P. Harris, MD, MACP  
M. Dean Havron, Jr., MD  
Gayland Hethcoat, MD  
William A Houck, III, MD  
Archie Houser, MD  
Patricia Houser, MD  
Brenda Johnston, NP  
Sherif Kaiser, MD  
Don Karolyi, MD  
Douglas Keim, MD  
Frederick Kozlowski, MD, FACP  
Bob Lizer, MD  
Glenn McClaugherty, MD  
Patricia Modestino, CFNP  
Robert Moran, MD  
Martha Morrow, PhD, RN, CFNP  
Marian Newton, PhD, RN, CS, PMHNP  
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Shyama Rosenfeld, MD  
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Mark Schroeder, MD

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N. Eli Snelgrove, MD  
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Yvonne Teske, PhD  
Elizabeth Trefzger, MD  
Laurel Tschirgi, MD  
Ajay Virmani, MD  
John B. Volinsky, MD  
Carolyn Wilson, MD  
H. George White, Jr., MD

## Nurses

Elizabeth Baldwin, RN  
Moira Bateman, RN  
Janet Bowers, RN  
Juanita Carter, RN  
Lori Dantzler RN  
Dana Ebeling, RN  
Wendy Fowler, RN  
Irene Frye, RN  
Stephanie Grainger, RN  
Pat Heyland RN  
Suzy Hyland, RN  
Michelle Janeczek, LPN  
Terri Kovach, RN  
Jennifer Longerbeam, RN, NP  
Kristi McClosky, RN  
Janie Mohn, RN  
Shellie Morris, RN  
Luann C Pinckney, RN, NP

Christine Pitts, RN  
Julie Riggleman, RN  
Marcella Shirley, RN  
David P. Simpson, RN  
Rob Spatzer, RN

## Dentists

Edward Amos, DDS  
Terry Butterfield, DDS  
Nancy Bollinger, DDS  
Steven Breeden, DMD  
Ben Hanson, DDS  
Thomas Gromling, DDS  
Giovanni Iuculano, DDS  
Tyler Mistr, DDS  
Christabel Sweeney, DDS  
Richard Taliaferro, DDS  
Benjamin L. Tolley, DDS  
Mark Zemanovich, DDS

## Pharmacists

Mitsi Lizer, PharmD, BCPP, CGP  
John Massey, RPH  
Ann Palmer, RPH  
Jeff Spray, RPH  
Lokie Voight, RPH

## Pharmacy Technician

Steve Zuckerman, CPhT



*Mickey Harden, Volunteer since 1986*

**Interpreters**

Christa Doerwaldt  
Natividad Echevarria  
Fernando Galarza  
Sofia Galarza  
Nancy Gomez  
Margaret Miller  
Mark Miramontes  
Vianey Miramontes  
Lidia Pereyra  
Adriana C. Posadas  
Luz Ramirez  
Calvin W. Shabb

**Bookkeeper**

Pat Phillips

**Administrative Volunteers**

Juanita Archibald  
Brooke Aston  
Marianne Biviano  
Carolyn Flax  
Jayne Flax  
Taylor Freeman  
Melissa Glynn  
Chris Hagerty-Hoff  
Kathleen Mettenburg  
Donyele Murray  
Pat Phillips  
Barbara Rupert  
Walt Shaver  
Marilyn Stearns  
Brittany Stewart

Julie Stewart  
Nilesh Virmani

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Jonathan Foltz  
Bill Hottel, CPA  
Dennis McLoughlin  
Elizabeth Pendleton  
John H. Stoddard, III  
Herbert Sturm  
Margaret Toxopeus, MD

**Legal Consultant**

Russ Fowler, Esq.

**Patient Eligibility Screeners**

Carol Ann Adams  
Mary K Armstrong  
Beverley Byrd  
Joan Callahan  
Lynda Carpenter  
Mary Margaret Clark  
Gwendolyn Davis  
Erika Francis  
Rodney Gibbons  
Nancy Gomez  
Chris Hagerty-Hoff  
Mickey Harden  
Anthony Lee  
Debbie Lewis

Mark Miramontes  
Vianey Miramontes  
Ellen Morgan  
Casey Myrick  
Barbara Rupert  
Sorapy San  
J.B. Sandefur  
Calvin W Shabb  
William Spires  
Marilyn Stearns  
Corky Strader  
Morghan Taylor  
Richard Teske  
Danielle Westenmeyer



*Corky Strader,  
Patient Eligibility Screener*

When a patient is diagnosed with a complex condition and expert medical attention is needed, access to care is essential. The Free Medical Clinic removes barriers to care through our partnerships in the medical community. These volunteer medical specialists and pro-bono services are at the heart of healing.

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Advanced Pain Relief Centers  
 Arthritis and Osteoporosis  
 Center of Northern Virginia  
 Arthritis Specialists of  
 Winchester  
 Asthma & Allergy Center of  
 the Northern Shenandoah  
 Valley, Inc.  
 Blue Ridge Gynecology &  
 Obstetrics, PC  
 Blue Ridge Pediatric  
 Associates, Ltd.  
 Blue Ridge Radiation Oncology  
 Bone & Joint Specialists of  
 Winchester, PC  
 The Cardiovascular Group at  
 Selma  
 Cedar Creek Eye Care  
 Dermatology Associates, Inc.  
 Diabetic Retinopathy Clinic

Eye Associates of Winchester  
 Eye Surgery Center  
 Foot Care Center, PLC  
 General Surgery Specialists, PLC  
 Hallmark Plastic Surgery  
 John P. Chesson, MD, PC  
 Mountain View Ear, Nose and  
 Throat, PC  
 Neurologic Associates, PLC  
 Northern Virginia Eye Institute  
 Pediatric Associates of  
 Winchester  
 Piedmont Medical Laboratory  
 Rehab 2 Health  
 Renal Physician Associates of  
 Winchester  
 Retina & Vitreous Consultants  
 of Virginia, PC  
 Retina Associates, PC  
 Rheumatology Consultants

Selma Medical Associates  
 Shenandoah Head & Neck  
 Specialists  
 Shenandoah Valley Pathology  
 Laboratories, Inc.  
 Surgi-Center of Winchester  
 Urology Clinic of Winchester  
 UVA Health System  
 Valley Cardiovascular  
 Consultants, Inc.  
 Valley Health  
 Valley Health Anticoagulation  
 Clinic  
 Valley Health Cardiothoracic &  
 Vascular Surgeons  
 Valley Health Diabetes  
 Management Program  
 Valley Health Neurovascular  
 Institute  
 Valley Health Rehabilitation  
 Services  
 Valley Health Wellness &  
 Fitness Center  
 Valley Open MRI  
 Valley Orthopedics  
 Virginia Brain & Spine Center, Inc.  
 Virginia Cancer Specialists  
 Winchester Anesthesiologists, Inc.  
 Winchester Breast Center  
 Winchester Cardiology and  
 Vascular Medicine, PC  
 Winchester Diabetes &  
 Endocrinology

Winchester Ear, Nose & Throat  
 Center, PLLC  
 Winchester Eye Specialists  
 Winchester Foot & Ankle  
 Associates  
 Winchester Gastroenterology  
 Associates  
 Winchester Imaging  
 Winchester Internal Medicine  
 Winchester Medical Center  
 Winchester Medical Center  
 Endoscopy Center  
 Winchester Medical Center  
 Wound Care Center  
 Winchester Medical Consultants  
 Winchester Musculoskeletal  
 Medicine, PLC  
 Winchester Neurological  
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 Sports Medicine  
 Winchester Plastic Surgery  
 Specialists, Inc.  
 Winchester Pulmonary & Internal  
 Medicine Associates, PC  
 Winchester Radiologists, PC  
 Winchester Rehabilitation Center  
 Winchester Surgical Clinic  
 The Women's Center of  
 Winchester





*A Clinic Patient has her blood sugar checked by a member of the Diabetes Management team*

## Who are Clinic Patients?

**78%**

Age 35-64

**60%**

Female

**40%**

Male

**61%**

White

**20%**

Hispanic

**13%**

Black

**6%**

Other

**98%**

Household income below 150%  
of the Federal Poverty Level

# 2010 Development Volunteers

## Community Wellness Quilt

Marianne Biviano  
Mickey Harden  
Carol Lentz  
Martha Morrow  
Sheila Ralph  
Kathy Ruffo  
Diane Sinclair  
Anna Sticklen

## Taste of the Town Committee

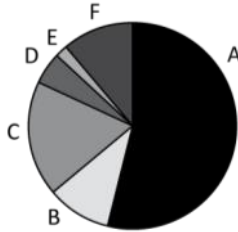
Kathy Nerangis, Co-Chair  
Diane Sinclair, Co-Chair  
Linda Ross Gibbs  
Mary Pat Gronauer  
Fadua Houser  
Fabiola Hutchins  
Becky Lipscomb  
Jan Lower  
Janet Maucione  
Mary Nordman  
Linda Russell  
Robin Warner  
Shelley Williams  
Ann Wiltshire

## Taste of the Town

Debbie Bender  
Lee Braithwaite  
Debbie Bringham  
Kim Carter  
Mary Doherty  
Amy DuBrueler

Erika Francis  
Cathy Glynn  
Tom Gibbs  
Jenny Grooms  
George Hughes  
Janet Hughes  
Wayne Jones  
Hoyle Laughlin  
Mark Miramontes  
Sandra Miramontes  
Bill Nordman  
Mike O'Dell  
Philip Pate  
Cody Penwell  
Katie and Brandon Pifer  
Ponte Vecchio Living Staff  
Missy Ritter  
Jay Russell  
J.B. Sandefur  
Christoph Schwarzwälder  
Terry Sinclair  
Eugene Smith  
Kristle Snapp  
Herb Sturm  
Mary Sturm  
Morghana Taylor  
Wes Williams  
Dick Wiltshire  
Winchester Floral Staff  
Sarah Witt  
Tom Witt  
Erik Zimmerman  
Steve Zuckerman

## Income \$1,185,631



- A Grants 54%
- B Fundraising Events 10%
- C Program Service Revenue 18%
- D Investment Income 5%
- E Gain on Investment Sale 2%
- F Contributions/Other Income 11%

## Who gives to the Clinic?

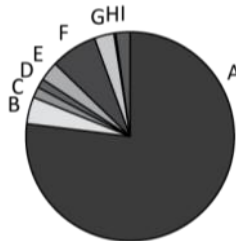
*The following generously contributed to total 2010 Income*

**15%** Individuals & Businesses

**1%** Faith & Civic Organizations

**4%** Patient Donations

## Expenses \$1,109,012



- A Wages, Benefits & Taxes 77%
- B Occupancy 4%
- C Utilities & Insurance 2%
- D Repairs, Maintenance & Depreciation 1%
- E Management & Other Fees 3%
- F Pharmacy Expense 7%
- G Office & Supply 3%
- H Travel, Conference & Promotion <1%
- I All Other Expenses 2%

*Income and Expenses reflect audited financial statements and the 2010 990*

## Donors

### \$10,000+

American Woodmark Foundation  
 Custer Endowment Fund  
 F. Alan and Jane F. Dulaney Trust  
 Every Woman's Life Program  
 Eye Surgery Center of  
 Winchester - COPN  
 Charity Care  
 Bonnie Paulson,  
 Omega Drywall Ltd.  
 Newton B. Shingleton Trust  
 Mr. Michael Smith  
 Valley Health  
 Valley Open MRI - COPN  
 Charity Care  
 Virginia Association of Free  
 Clinics - State Health Care  
 Services & Pharmacy Grants  
 Virginia National Bank  
 Winchester Open MRI - COPN  
 Charity Care

### \$1,000 - \$9,999

BB&T  
 Law Office of J. David Black  
 James L. and Mary Jane Bowman  
 Charitable Trust  
 Elaine and Bill Brandt  
 Mr. and Mrs. Harry F. Byrd, III  
 Harry F. Byrd, Jr.  
 The Clara Weiss Fund  
 Wm. H. and Jean G. Clement  
 Commonwealth of Virginia  
 Campaign 2009  
 Drs. Damon and Nancy  
 DeArment  
 Mr. and Mrs. Joseph Dezarn  
 Drs. Robert and Leda Duck  
 Fellowship Bible Church  
 Mr. and Mrs. Ferrari  
 First Citizens Bank  
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 Dr. and Mrs. Stephen Flax  
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 Surgery Specialists  
 Komen Grant  
 Dr. and Mrs. Thomas Gromling  
 Mary Pat and Pete Gronauer  
 Heart and Vascular Institute of  
 Winchester, LLC  
 Mr. and Mrs. James Holland  
 Jim Stutzman Chevrolet  
 Cadillac Co.

Dr. Matthew Karen and  
Dr. Santa D'Alessio  
Jerald McClard  
Mr. and Mrs. Mark Merrill  
Mr. and Mrs. Nicholas Nerangis  
Neurologic Associates  
Mr. and Mrs. Kurt W. Nyberg  
Perry Engineering Company, Inc.  
Bob Powell  
Emma May Ridgeway Trust  
Mr. and Mrs. George Schember  
Selma Medical Associates, Inc.  
Dr. and Mrs. Terry Sinclair  
St. Luke Community Clinic  
Stephens City Family  
Dentistry, PC  
Rick and Linda Taliaferro  
Trex Company, Inc.  
United Way of Delaware  
United Way of NSV - 2009  
Campaign  
United Way of NSV - Community  
Impact Grant  
Urology Clinic of Winchester, PC  
Valley Proteins, Inc.  
Virginia Health Care Foundation  
Dr. and Mrs. James Warner  
Wells Fargo  
Mr. and Mrs. Rupert Werner  
Wiseman & Associates Financial  
Services, Ltd  
Dr. and Mrs. John Zoller, III

### **\$500 - \$999**

Robert and Genevieve Boxley  
Mr. and Mrs. Steve Cluss  
Paul and Andra Crosen  
EIT, Inc.  
The Frazier Family Foundation  
John Glover  
Dr. and Mrs. Benjamin Hanson  
Lois A. Kirkwood  
Kiwanis Club of Winchester  
Mr. and Mrs. Richard M. Law  
Dorcas and Carlton Mallory  
The Hon. and Mrs. Joe T. May  
Museum of the Shenandoah  
Valley  
The Limoges Family and  
The Nerangis Families  
Opequon Presbyterian Church  
Mr. and Mrs. Curtis Power  
Mr. and Mrs. Richard Rawlinson  
Mr. and Mrs. Charles Richardson  
Stephens City Lions Club  
Virginia Imports, Ltd.  
Dr. and Mrs. Bruce E. Welch  
Steve and Judy Zuckerman  
Rian and Stephanie Zuniga

### **\$250 - \$499**

Joseph A. Allen  
Anonymous Donor (4)  
Dr. Jack and Mary K. Armstrong  
Dr. James R. Arnold

Bank of Clarke County  
Erik and Jen Beatley  
Mr. and Mrs. J D Berlin, Jr.  
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Edward and Donna Lee  
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Carolyn and David Lewis

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Gibbs – Quinn Ross Antiques  
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Mark D. Schroeder and  
Laurel D. Tschirgi  
Connie Smart  
Stephens City Moose Family  
Center 2483  
Bill and Claudia Stiebel  
John and Kathy Tagnesi  
The Eye Place at Creekside  
Dr. and Mrs. Blake Watts  
Mr. and Mrs. Philip Weber, Jr.  
The Wednesday Afternoon  
Philosophical Society  
Wesley United Methodist Church  
Mr. and Mrs. Richard B.  
Wiltshire, Jr.  
Scott E. Wisinski

## \$100 - \$249

Virginia Allen  
 Anonymous Donor (7)  
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   Armstrong, Sr.  
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 Rita and Dick Blackwell  
 Rebecca Booth  
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   Boyer Landscapes, Inc.  
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   Methodist Church  
 Braddock Street United  
   Methodist Women  
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 Donald and Judy Cain  
 Christina Chasler  
 Clarke County Department of  
   Social Services  
 Teresa Clawson, MD  
 Staff of Dr. Steven Breeden  
 Drs. John and Pia Crandell  
 Richard and Susan Creasy  
 Vikram Dayal, MD  
 Dave and Anne Daylor  
 James E. Dodd, DPM, Winchester  
   Foot & Ankle Associates  
 Richard and Donna Dick  
 Dixie Beverage Co.

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 Stefan Donner  
 John and Robin Dorsey  
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 Gloria Ekberg  
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 Dr. and Mrs. Hunter M. Gaunt, Jr.  
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 Sallie and Dennis Grundman  
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 Kiwanis Club of Blue Ridge  
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 Kenny Kovach  
 Vicki Laird  
 Lamps Mt. Pleasant Church  
   United Methodist Women  
 Ron and Cherie Lauck  
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 Bob and Mitsi Lizer  
 Adolene Long  
 Mr. and Mrs. Thomas A. Louthan  
 Lynne Rio Insurance Agency  
 Elvira Maffucci  
 Nancy L. Maffucci  
 Robert Magill  
 Market Street United Methodist  
   Women  
 Pamela Martin  
 Anne McFarland  
 Robert McIntire  
 Dr. W. David McWhorter  
 Mr. and Mrs. Rolf Menzel  
 Candy and John Miller  
 John and Janine Mitchell  
 Eleanor P. Monahan  
 Ellen Morgan  
 Drs. David and Marian Newton

Stephen and Ellen Nichols  
 J.T. and Kay Oliver  
 Patriot Collision Center, LLC  
 Nan Pell  
 Richard Carolynne Pell  
 Mr. and Mrs. Mike Perry  
 Dr. and Mrs. Alfred Phillips  
 Dorothy Pifer  
 Jack and Jane Ray  
 Reader & Swartz Architects, P.C.  
 Richard and Lynn Reifsnnyder  
 Reynolds Store Homemaker's  
   Club  
 Mary S. Riley  
 Mary Potter Robinson  
 Barbara and Frank Rupert  
 Salute! Wine Market  
 Dr. David Schroeder  
 Mr. and Mrs. Steven F.  
   Schroeder  
 Jennifer Schumm  
 Dr. and Mrs. Roy Schwarz  
 Ruby M. Sewell  
 Dr. Ramsey and Janey Sfeir  
 Walter Shaver  
 Beverley G. Simpson  
 Kathy and Nick Smart  
 Harry and Jenny Smith  
 Dr. Norman J. Smith  
 Bessie and Robert Solenberger  
 John R. Staelin and  
   Elizabeth Locke  
 Marilyn Stearns

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Stericycle, Inc.  
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Dr. Kathleen Stewart and  
Mr. Robert Stewart  
Herb and Mary Strum  
Bernard and Rosemary Swope  
T. Rowe Price Program for  
Charitable Giving  
William S. and Jane L. Talbott  
Edward and Sandra Touchstone  
John and Cheryl Truban  
Virginia Conference United  
Methodist Women  
Mr. and Mrs. Richard Vossler  
Frazier and Elisabeth Watkins  
Linda Cunningham and  
Dennis Wert  
David and Susie Whitacre  
June M. Wilmot  
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Women's Civic League  
Laurence Wyman  
Patricia Zontine  
Aaron and Martressa  
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*Continued on next page*



*2010 Taste of the Town  
Benefit & Auction guests*

## \$1 - \$99 continued

Rosalie Lewis  
 Elisabeth Lindon  
 Mr. and Mrs. Jeff Lippy  
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 Katherine A. Mattes  
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 Christine V. O'Donnell  
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 Dr. Guarav Parikh  
 Mr. and Mrs. Nikolas Parthemos  
 Elizabeth A. Patterson  
 James Peters  
 Garth V. Phillips  
 Mr. and Mrs. Mark Pugh  
 Mr. and Mrs. John Ramsthaler

Mr. and Mrs. Richard Rankin  
 Reliance United Methodist  
     Women, Reliance United  
     Methodist Church  
 Retired John Kerr Elementary  
     Teachers  
 Mr. and Mrs. James Rhodes  
 Steven M. Ring  
 Mr. and Mrs. James L. Robertson  
 Robert H. and Bernice Rogers  
 Dr. James and Kimberly Salata  
 Mr. and Mrs. Leon Schoenbaum  
 Mr. and Mrs. Louis S. Silverman  
 Dr. and Mrs. David Sisson  
 Madonna Sponaule, Braddock  
     Guest House  
 St. Mary's Episcopal Church  
     Women  
 Anne R. Stephens  
 Mr. and Mrs. Edmund P. Stetz  
 Jack Strimple  
 Mr. and Mrs. Mike Stryker  
 Tawni F. Sullivan  
 Mr. and Mrs. David Thompson  
 Rev. Charles and Dixie Townsend  
 Ms. Elizabeth C. Trowbridge  
 Mr. J. Robert Vakiener  
 Watson Laboratories, Inc.  
 Michele A. Way  
 Dr. Eugene V. White  
 Denny and Irma Whitmire  
 Winchester Department of Social  
     Services

John and Anne Winn  
 Women's Missionary Union,  
     Greenway Spirit & Word  
     Fellowship  
 Dr. and Mrs. George Yeatras  
 Dr. and Mrs. James R. York

## Gifts In Kind

Pat Kirby, Anna Quinn Jeweler  
 Apartment 2g & element  
 Dr. Jack and Mary K. Armstrong  
 Stephany Bayne  
 John G. Berglund  
 Mr. Greg Biddle  
 Cantina D'Italia  
 Marshall Carper  
 Classic Tuxedos  
 Sharon Farinholt, Crown Trophy  
 The Daily Grind at Abrams  
     Crossing  
 Ernie Davis  
 DC United  
 Jillian Mabe and Dixie Beverage  
 Floyd E. Dodson  
 Amy DuBrueler  
 D'Vine Wines  
 Eugene B. Smith, EBS Gallery  
 Peter Etube  
 Lori Shepard, Everything Linen  
 Fox Meadow Vineyards  
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 Dr. Mark Galbraith  
 The Gaylord National Resort &

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 Ron & Cherie Lauck  
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     Laughlin Auctions  
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 The Limoges Family and  
     The Nerangis Families  
 Vanessa McAllister  
 Jane McSwain  
 Vicki Micheals  
 Morrison-Clark Inn and  
     Maggie Edwards

Mountain View Ear, Nose &  
Throat, PC  
Larry Mulcahy  
Murphy Beverage Co.  
Willis C. Nelson  
Kathy and Nick Nerangis  
Mike O'Dell  
Opequon Presbyterian Church  
Patsy's Pastry Pizza I & II  
Dr. & Mrs. Alfred Phillips Debbie  
Bender, Photography by DJ  
Bender  
Piccadilly's Public House and  
Restaurant  
Becky Lipscomb and Eileen Isola,  
Ponte Vecchio Living  
John Lanzetta, Pro Audio &  
Accessories  
ProSmart Systems  
Quynn-Ross Antiques—Linda Q.  
Ross  
Marjorie Rhoadhouse  
Cookie Robb  
Rotary Club of Frederick County  
The Rudy Family  
Salute Wine Market LLC  
Dan and Anne Brown,  
Shenandoah Fine Chocolates  
William and Malinda Henkel,  
Shenandoah Valley Golf Club  
Patricia Shiley  
Diane Sinclair  
Shelda Stone

Corky and Paula Strader  
Jim Stutzman Chevrolet-Cadillac Co.  
Timothy J. Sullivan  
Thai Winchester Restaurant  
Violino Ristorante Italiano  
Virginia Council of Nurse  
Practitioners Northern  
Shenandoah Valley Region  
Washington Capitals  
Washington Nationals Baseball  
Club  
The White House Store  
Erik Zimmerman, White Spider  
Designs, Inc.  
Winchester Country Club  
Winchester Floral  
Winchester Printers  
The Deaconess Ministry of Zion  
Baptist Church

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**Gifts were made  
in Celebration of**

Life  
Patricia Phillips's birthday  
Owen Zuniga

**Gifts were made  
in Honor of**

Robert H. Allen  
John Archibald  
Jack and Rosemae Bowers

Dr. Steve Breeden  
Rector and Helen Brown  
Ben Dutton  
Dickie and Barbara Evans  
The Downtown Clergy Fellowship  
Dr. Judith Fredericksen  
Shirley Fye  
Mary Pat Gronauer (2)  
Sallie Ebert Grundman, NP  
Julie and Mike Hendren  
Highland-Memorial Presbyterian  
Church  
Kyle Anne Ireland  
Janet Hughes  
Bonnie Paulsen (2)  
Alfred J. and Patricia APhillips (3)  
Elfreda Slack  
Dr. Terry Sinclair  
Paula Strader (2)  
Paula and Corky Strader  
Susannah Wesley Circle - Market  
Street UMC  
Jane A. Warner (Wisinski)

**Gifts were made  
in Memory of**

Kaye Adams  
R. Regner Arvidson  
Gregory Scott Carpenter (6)  
Helen R. Carpenter  
Stella Mae Catlett  
Dr. and Mrs. Monford D. Custer, Jr.  
Dr. Monford D. Custer, Jr.

Hal P. Demuth (2)  
Betty J. Denham  
Margaret Ebert  
Rose Emerick  
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Jodie Gates  
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Mary Ellen Kerr  
James F. McGuire (2)  
Kathy Marino  
Tamara McLaughlin Matthews  
Savilla Palmer  
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Madonna Psyche Sponaugle  
Perry  
John E. Poux  
Lou Powell  
Donald Resch  
Margaret Rotz  
Paula Strader (2)  
Dorothy Yoder

*We have checked our donor records carefully  
and apologize if we have made any errors or  
omissions. If any corrections are needed please  
contact the administrative office at  
(540) 536-1699 or [info@fmcwinchester.org](mailto:info@fmcwinchester.org)*

# Our Mission

To Provide the gift of health to those in need. The Free Medical Clinic is dedicated to the belief that everyone should have access to health care services.

The Free Medical Clinic of Northern Shenandoah Valley, Inc. was founded in 1986 and is an IRS-approved 501(c)(3) non-profit organization that serves low-income, uninsured families living in the City of Winchester, Frederick County and Clarke County, Virginia.



of Northern Shenandoah Valley, Inc.

**301 North Cameron Street, Suite 100**

**Winchester, Virginia 22601**

**[www.fmcwinchester.org](http://www.fmcwinchester.org)**

**540-536-1680**

**[info@fmcwinchester.org](mailto:info@fmcwinchester.org)**